

October 2018 Breakfast

Piscataway High School



Our menus are aligned with the USDA's "Healthier US School Challenge."

1	2	3	4	5
Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	Pancakes Fresh Fruit 100% Juice Low Fat Milk	Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk	French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
8	9	10	11	12
Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	Pancakes Fresh Fruit 100% Juice Low Fat Milk	Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk	French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
15	16	17	18	19
Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	Pancakes Fresh Fruit 100% Juice Low Fat Milk	Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk ½ DAY SCHEDULE	French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk ½ DAY SCHEDULE
22	23	24	25	26
Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk ½ DAY SCHEDULE	Pancakes Fresh Fruit 100% Juice Low Fat Milk	Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk	French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
29	30	31		
Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	Pancakes Fresh Fruit 100% Juice Low Fat Milk	Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk		

Available Daily
Assorted Bagel Sandwiches
Fresh Bagels

Offered Daily w/ Reimbursable Breakfast Fresh Fruit 100% Fruit Juice Low Fat & Fat Free Milk



Fruit and Yogurt
Smoothies and Parfaits
Available at the Breakfast

Menu subject to change

Sodexo Jim Giannakis General Manager 732-981-0700 ext 2497

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