

Piscataway School District Piscataway Middle School Menu

May 2018

Our menus are aligned with the USDA's
"Healthier US School Challenge."



Build your own Sub with a
variety of fresh ingredients
and toppings

Traveling Chef for Lunch Schor May 1 & 8 Quibbletown May 2 & 9 C-Mack May 3 & 10	<p>1</p> <p>Chicken in a Basket Buttered Corn Fresh Fruit</p>	<p>2</p> <p>Mac & Cheese Sauteed Spinach Dinner Roll Fresh Fruit</p>	<p>3</p> <p>General Tso Chicken Steamed Rice Chinese Vegetables Fresh Fruit</p>	<p>4</p> <p>Ham & Cheese Pretzel Melt Sweet Potato Chunks Fresh Fruit</p>
<p>7</p> <p>Cinco de Mayo Crispy Tacos Refried Beans Fresh Fruit</p>	<p>8</p> <p>Rodeo Burger Roasted Carrots Fresh Fruit</p>	<p>9</p> <p>Pasta with Meatballs Steamed Broccoli Dinner Roll Fresh Fruit</p>	<p>10</p> <p>Hot Turkey Sandwich Steamed Green Beans Fresh Fruit</p>	<p>11</p> <p>Twin Hotdogs Baked Beans Fresh Fruit</p>
<p>14</p> <p>Chicken Quesadillas Roasted Chic Peas Fresh Fruit</p>	<p>15</p> <p>Chicken Parm over Pasta Buttered Corn Dinner Roll Fresh Fruit</p>	<p>16</p> <p>Bacon Cheeseburger Sweet Potato Chunks Fresh Fruit</p>	<p>17</p> <p>Chicken Fajita over Rice Onion/Pepper Medley Fresh Fruit</p>	<p>18</p> <p>Fishwich Sandwich Steamed Broccoli Fresh Fruit</p>
<p>21</p> <p>Sloppy Joe Sandwich Citrus Carrots Fresh Fruit</p>	<p>22</p> <p>Meatball Parm Sub Green Beans Fresh Fruit</p>	<p>23</p> <p>Chicken Alfredo Dinner Roll Steamed Broccoli Fresh Fruit</p>	<p>24</p> <p>Beef Burrito 3 Bean Salad Fresh Fruit</p>	<p>25</p> <p>Grilled Cheese Tomato Soup Fresh Fruit</p>
<p>28</p> <p>NO SCHOOL MEMORIAL DAY</p>	<p>29</p> <p>Popcorn Chicken Buttered Corn Dinner Roll Fresh Fruit</p>	<p>30</p> <p>BBQ Baked Chicken Yellow Rice Steamed Broccoli Fresh Fruit</p>	<p>31</p> <p>Crispy Beef Taco Refried Beans Fresh Fruit</p> <p>½ DAY SCHEDULE</p>	

PIZZA

Cheese & Pepperoni Pizza offered Daily

Specialty Pizza offered daily

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.

Daily Salads:

FAST TAKES

- Week 1:** Chicken Caesar/Garden with Cheese
- Week 2:** Chef Salad/Buffalo Chicken Salad
- Week 3:** Chicken Caesar/Garden Salad with Cheese
- Week 4:** Chef Salad/Buffalo Chicken Salad
- Week 5:** Chicken Caesar/Garden Salad with Cheese

1% White Milk
& Fat Free
Chocolate
Milk available
with all meals
Bagged Baby
Carrots
available daily

Daily Grill
Selections

Monday – Chicken Patty
Tuesday – Twin Hot Dog
Wednesday – Hamburger
Thursday – Spicy Chicken Patty
Friday – Philly Cheese Steak

Menu Subject to Change

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.