



**January  
2016  
Piscataway  
Middle School**



**EVERYDAY CHOICES**  
Assorted Deli Meats, Cheeses And  
Topping Served On Freshly Baked  
Breads Rolls And Wraps

**In A Hurry? Check Out Our Fast Takes Sandwiches  
Made Fresh Daily And Wrapped To Go**

<b>Weekly Salad Specials:</b> Week 2: Asian Chicken Salad Week 3: Chef Salad Week 4: Buffalo Chicken Salad Week 5: Garden Salad	<b>Low fat and fat free milks offered daily with lunch</b>			1  Winter Break School Closed
4  Chinese Chicken w/ Rice Hot or Fresh Broccoli Fresh Fruit or Fruit Cup	5  Sloppy Joe Sandwich Hot or Chilled Corn Fresh Fruit or Fruit Cup	6  Pasta w/ Meat Sauce Breadstick Cooked Carrots Baby Carrots Fresh Fruit or Fruit Cup	7  Quesadilla Taco Chilled Black Beans Salsa Fresh Fruit or Fruit Cup	8  Bacon Cheeseburger Green Beans Green Bean Salad Fresh Fruit or Fruit Cup
11  Chicken Nuggets Dinner Roll Cooked Carrots Baby Carrots Fresh Fruit or Fruit Cup	12  Rodeo Burger Potato Wedges Chilled Peas Fresh Fruit or Fruit Cup	13  Beefy Mac & Cheese Breadstick Green Bean Salad Fresh Fruit or Fruit Cup	14  Turkey Tacos Vegetarian Beans Diced Tomatoes Fresh Fruit or Fruit Cup	15  Chinese Chicken w/ Rice Hot or Fresh Broccoli Fresh Fruit or Fruit Cup
18  M.L. King Jr. Day School Closed	19  Chicken Fajitas Hot or Chilled Corn Fresh Fruit or Fruit Cup	20  Pasta w/ Meat Sauce Romaine Salad Baby Carrots Fresh Fruit or Fruit Cup	21  Beef Tacos Chilled Black Beans Salsa Fresh Fruit or Fruit Cup	22  Monster Meatball Sub Green Beans Green Bean Salad Fresh Fruit or Fruit Cup
25  Chicken Parm Sandwich Cooked Carrots Baby Carrots Fresh Fruit or Fruit Cup	26  Sloppy Joe Sandwich French Fries Chilled corn Fresh Fruit or Fruit Cup	27  Beef & Cheese Burrito Romaine Salad Baby Carrots Fresh Fruit or Fruit Cup	28  Chicken Nuggets w/ Roll Green Beans Green Bean Salad Fresh Fruit or Fruit Cup	29  Hard Shell Turkey Tacos w/ Rice Vegetarian Beans Chilled Chickpeas Fresh Fruit or Fruit Cup



**EVERYDAY CHOICES**  
Cheese And Pepperoni Pizza  
Specialty Pizza  
**\*French Bread Pizza Every Monday,  
Wednesday & Friday**



**Everyday Choices**  
**Hamburger, Cheeseburger  
Chicken Patty, & Veggie burger**  
**Mondays : Meatball sub**  
**Tuesday: Twin Hotdog**  
**Wednesday: BBQ Rib Patty**  
**Thursday: Cheese Steak**  
**Friday: Chicken Cheese wrap**

**Offered Daily:**  
**Nacho Bar**  
**Fruit & Yogurt Parfaits**

**Menu subject to change**

Sodexo Food Service part time employment available  
Contact Sodexo@(732) 981-0700 ext. 2290  
School menus are posted on Piscataway BOE website:  
[www.piscatawayschools.org](http://www.piscatawayschools.org)